

YUVAK VIKAS KENDRA



SENIOR CITIZEN HOMES

ANNUAL REPORT

2023-2024

K. Ametha
DIRECTOR / SECRETARY
YUVAK VIKAS KENDRA
UTHAMAPALAYAM

ATTESTED
[Signature]
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ADVOCATE & NOTARY
LAW CHAMBER : 3, MADRAS HIGH COURT,
MADRAS BENCH
No. 34, CSI COTTAGE, A.M.C. ROAD,
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INTRODUCTION:

YUVAK VIKAS KENDRA TRUST is a registered non-profit organisation which is registered under Indian trust act 1882 and its registration number is 681 of 1994 date 27th JULY . We are working for the improvement of all kind of people. We are serving for the society since 1994 with the huge support of every one. In this report we can see, some of our valuable services, and achievements. Every year we are improving our quality of service and extend our service to reach the unreached.

SOME OF OUR PROGRAMMES

Old age home program

MFCC home for women



OLD AGE HOME

Yuvakvikaskendra maintains an old age home for the helpless elders at, Sasthanilayam, kurumbapatti road, puthur, Uthamapalayam taluk of Theni district, with more than 25 elders of men and women. Every day we provides good hygienic food, shelter, medical care and their basic needs in a holistic manner with the support of Central and state government. For the past more than 5 years this home is running successfully with the great effort of yuvakvikaskendra. We take care of 25 elders and fulfilling their physical, emotional, and self-esteem needs. Our staff team take care of elders with kind and love. The elders are belonging to various economic, social, educational status. We treat them every one as equal and teach them to live the remaining life peacefully and joyfully without fear of future.



COUNSELLING TO ELDERS

Our experience staff a part time counselor giving counseling to elders and making them to feel free and live their remaining life with joy and peace.

Every day the Counselor Provides individual counseling Group Counseling, Problem oriented Counseling.

MEDICAL CARE

Our part time doctor visits our home frequently and monitors the health condition of elders and takes care of everyone .Doctor gives advice to elders to do simple exercises and walking for a healthy life and to extend their life span.



RECREATION ACTIVITIES

Every day we issue news paper to elders to know the daily events .Weekly magazines also given to them to know about the political issues and current events. We are also given color television facility to elders to watch news, cinemas, dramas, and cultural events.



FOOD AND CARE

Every day we give care to the elders with extreme care and provide healthy food for them. Morning Tiffin, 11 am, Tea, Kaba Sura Kudinee, Herbal Tea.



YOGA EXERCISE



HOME FOR 50 ELDER WOMEN

In Thomas colony of uttamapalayam, we are running a home for 50 elder women. In this home 50 elder women from various communities and back ground staying here. This home is supported by ministry of social justice and empowerment and running successfully for the past 5 years. Our home has achieved a good name in the surrounding area Good shelter In this home 50 women elders staying in a huge building in a safe shelter and getting the benefits from central and state governments with the help of us.



VISITING FOR DSWO OFFICER

COUNSELING

We also give psychological counseling to elders to live a happy life. Elders are come from various backgrounds and various communities and problems. We take care of every elder with care and provide good counseling to them.



FOOD

Every day we provide healthy food for them. With the advice of doctors we are giving healthy food for them. According to their health condition and their age we are taking care in their food. We also provide evening snacks with tea or coffee every day.

Rice, Sambar, Rasam, Buttermilk, vegetables, weekly once mutton, Chicken and Eggs are serred. Night Tiffin/Food/Upma and varity food items are serued.



VEGETABLE



LUNCH TIME

MORNING AND EVENING TEA TIME



MEDICAL CARE

Our medical staff takes care of every elder. Doctor of our home visits them frequently and provides healthy treatment to their diseases. Doctor monitors their blood pressure level, blood sugar level and health conditions with care and provides good counseling to them and creating confidence among them.



PMU VISITING OFFICER



NURSE ELDER'S CARE

RECREATION

Television, radio, news paper and weekly magazines are available in our premises. To know the daily events and for recreation we also recommends the elders to watch

television news and recreational events.



NEWS PAPER READING



TV WATCHING



CAROM BOARD



PLAYING THAYAM

CONCLUSION

With the support of central, state governments and local people we are continuing our service to this society. We are thankful to everyone who support and monitor our achievements in this occasion. You are the catalyst to our performance. We warmly expect your valuable suggestions and continuous support for ever.

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